Bocce at Green Lake!!

See page 4 for details.
Notes from Debbie . . . .

Welcome to June and the start of summer! In addition to the summer festivities of graduations and picnics, June also has a day to celebrate and honor fathers. Join us Friday, June 16th for our Father’s Day Luncheon as we celebrate the father’s, father-in-law’s, step fathers and the men who are like fathers to us. Following lunch, Bruce Michael’s will entertain us with the songs you know and love.

June 19th registration begins for our Orchard Park Senior Summer Games. The Summer Games will be held July 10th through July 14th. This is an opportunity to meet new people and participate in fun events. Pick up a registration form at the Center June 19th through July 6th or contact the center to have a registration form mailed to you.

UNIVERSITY EXPRESS CLASSES
Classes are free and available to seniors 55+, but you must register at 662-6452. Seating is limited.

Healthy Living for your Brain and Body: Tips from the Latest Research
Thursday, 6/1 at 1:30pm
Instructor: Julia Szprygada, Alzheimer’s Association

Vietnam Reflections Mon. 6/5 at 1:30pm
Instructor: Michael Keene, author and enthusiast

Human Rights and Human Wrongs Thursday, June 8th at 1:30pm
Instructor: Claude Welch, SUNY Prof. of Political Science

Discovering Buffalo, One Street at a Time: Part 3 Friday, 6/9 at 1:30pm
Instructor: Angela Keppel, Urban Planner

Women of the Roycroft Mon. 6/12 at 1:30pm
Instructor: Linda Ulrich-Hagner, Roycroft docent

Vote with Confidence Thur. 6/15 at 1:30pm
Instructors: Leonard Lenihan, Former Commissioner

Good Bugs for Good Health Mon. 6/19 at 1:30pm
Instructor: Jennifer Johnson, BC/BS Wellness Coordinator

U.S and the Muslim World Thur. 6/22 at 1:30pm
Instructor: Faizan Haq, lecturer, SUNY Buffalo

Prescription Insurance Problems Explained Friday, 6/23 at 1:30pm
Instructor: Frank Pietrantoni, Wegmans pharmacist

Early Buffalo Music Mon.6/26 at 1:30pm
Instructor: Rick Falkowski, founder Bflo Music Hall of Fame

Four African-American Artists Thur. 6/29 at 1:30pm
Instructor: Jean Serusa, certified New York educator

Cuba: A Land in Transition Fri. 6/30 at 1:30pm
Instructor: Harry Meyer, Explore Buffalo docent

Pickle Ball Beginning Monday, June 26th
Monday - Friday 9:00 — Noon at Windom Elementary School
3870 Sheldon Rd, Orchard Park

A fun sport that combines many elements of tennis, badminton and ping-pong. The rules are simple and the game is easy for beginners to learn.

Pickle Ball will continue at the South Towns Tennis Center until 6/22. Outside at Windom Elementary as of 6/26.

Route 66 Completion Celebration
Friday, June 2nd 1:00 pm
You’ve “stepped” those extra miles and now it’s time to celebrate your accomplishments. Plan on attending this special awards ceremony just for you sponsored by BlueCross/Blue Shield of WNY.

Erie County Senior Service Caseworker Thursday, June 8th 11:00 am — 1:00 pm
Dorothy Mehrert, ECSS case worker will assist with short-term counseling, community service outreach / linkage to benefits and entitlements (local, state and federal ie. Medicare, SSI, SNAP, and HEAP.

Father’s Day Luncheon & Entertainment
Friday, June 16th at Noon
A day to celebrate the dads, grandfathers, uncles and special men in our lives. Following lunch, entertainment will be provided by Bruce Michaels. Please make your lunch reservation with Jeanne by Tuesday, June 6th.

Strawberry Social
Tuesday, June 20th at 1:00 pm
Enjoy the songs you love from Sinatra and Martin performed by Mike Nugent. Following the entertainment enjoy a delicious strawberry dessert. Cost is $3.00. Please register and purchase your ticket in the office.

Birthday Bash Let’s Celebrate!!
Tuesday, June 27th at 12:30 pm
Jeanne Zablotskyy our Site Manager invites those who have a June birthday to submit a photo of yourself in your younger days by Wed. 6/21. Everyone is welcome and will enjoy a delicious birthday dessert.

Discover Buffalo . . . . Buffalo Harbor Tour,
Theodore Roosevelt Inaugural Site & Lunch Wednesday, June 28th 9:00 am - 3:00 pm
Your day will begin with a narrated bus tour by Explore Buffalo. The tour includes the Buffalo Harbor, Silo city and the inner and outer harbor development. Following the tour we will visit the Theodore Roosevelt Inaugural Site and our day will finish with lunch at Pearl Street Grill. Cost is $36.00 which includes school bus transportation.

Meet the Artist of the Month:
This month we will showcase the artwork of Bunny Strzelczyk.

Please stop in, view the artist’s artwork and their bio in the dining room.
**Looking Ahead . . . .**

**Civil War - Union Volunteers Fife and Drum Corps**  
**Monday, July 3rd at 1:00 pm**  
The Union Volunteers Fife and Drum Corps will recreate historically accurate portrayals and performances of the musicians and martial music of the American Civil War. Dressed in the uniforms of northern Union musicians and performing with replica period instruments they will educate and entertain. Following the presentation light refreshments will be served. Cost for this event is $3.00.

**Identity & Medical Theft**  
**Thursday, July 6th at 1:15 pm**  
Karen Davis, Senior Consumer Fraud Rep, Bureau of Consumer Fraud & Protection NYS Attorney General’s office will discuss why older Americans are the new target victims of identity theft and that trends show more elderly Americans are targeted for their medical identities. Karen will also discuss scams and frauds directed towards senior populations, what you can do to stop these threats, and how to protect yourself. Register in the office.

**Coyotes**  
**Friday, July 7th at 1:00 pm**  
“Coyotes” have become very common throughout New York State. Carol Rogers from NY State Parks will provide some very interesting facts about this mammal: it’s role in an ecosystem, as well as it being one of the most adaptable creatures on the earth. Register in the office.

**Senior Games**  
**Monday, July 10th - Friday, July 14th**  
Join us for week filled with friendly competition in fun events such as: Minute to Win It, Trivia Daze, Pinochle, Bridge, Euchre, Bocce, Corn Hole Toss, Ladder Toss, Pool Shooting, and Pickle Ball. All participants receive an award. Registration forms are available June 19th through July 6th at the Senior Center.

**Senior Travel Opportunities**  
**Monday, July 17th  1:15 pm - 3:00 pm**  
Why not expand your horizons and join a travel group for an exciting day or overnight adventure. The experience you will gain from visiting new places, and being with new friends may be rewarding and remembered for a lifetime! The Senior Center has six travel groups which organize trips for members with varied trip lengths and destinations. In addition to travel opportunities, each group offers monthly meetings which involve social time, lunches and presentations. If you are interested in joining a travel group please stop by the Center to meet the travel group coordinators and see their upcoming plans for travel and social activities.

**Discover Buffalo . . . Miss Buffalo Tour & Lunch**  
**Tuesday, July 18th  10:15 am - 3:30 pm**  
Start the day with lunch on the Miss Buffalo. Following lunch enjoy a two hour narrated tour of Western New York’s unique waterfront heritage. Cost is $34.00 which includes transportation. Space is limited.

**Andrews Sisters Tribute Show & Ice Cream Social**  
**Thursday, July 20th at 1:00 pm**  
Take a break from the heat and join us for an amazing performance from the Buffalo Dolls. The Buffalo Dolls, perform the hits of the 1940s, ’50s & ’60s in the style of The Andrews Sisters. Following the performance enjoy an ice cream sundae with all the toppings! Cost is $3.00. Please register and pay in the office.

**Avoiding Digital Fraud & Scams Workshop**  
**Friday, July 21st at 1:00 pm**  
Join a representative from Microsoft for a free workshop to learn how to identify, troubleshoot, and report the frauds and scams lurking in the digital outlets and communications you use. Learn how to avoid pitfalls of false web ads, junk emails, and spam for example. Register in the office.

**Fourteen Ways to Preserve Your Assets with the Medicaid Law**  
**Monday, July 24th at 1:15 pm**  
Learn how to preserve your assets and plan for incapacity with powers of attorney, health care proxies, living wills, Wills, Trusts, transferring your home to family members, Long Term Care Insurance, Prepaid Funeral Accounts, IRA’s, pensions, properly documented gifts, spousal allowances and transfers, caregiver agreements and promissory notes. Register in the office.

**Bisons Baseball Game**  
**Thursday, July 27th  10:30 am depart center**  
Join members from seven local senior centers to enjoy “Grandparents at the Ballpark”. The outing will include your ticket, transportation and a buffet lunch in a reserved picnic area. Cost to be announced. Please contact the center for additional information. Registration begins Tuesday, June 6th.

**Erie County Senior Services**  
**3rd Annual Summer Picnic**  
**Bowen Road Grove, Como Park, Lancaster**  
**Thursday, August 3rd  11:00 am — 3:00 pm**  
Enjoy a delicious catered lunch, free raffle prizes, and live entertainment. The suggested donation for lunch is $3.00. Transportation is available. Please make your reservation with Jeanne, Nutrition Coordinator by Thursday, July 6th.

**Discovering Buffalo . . . .**  
**Open Air Autobus - Whirlwind Tour**  
**Tuesday, August 29th  9:00 am - 1:00 pm**  
View buffalo’s sights, sounds and smells in a topless touring bus. See buildings by Frank Lloyd Wright, H.H. Richardson and Louis Sullivan to name a few. Autobus will pick up and return you to the Center. Cost is $27.00. Registration begins Tuesday, June 13th.

**Bisons Baseball Game & Dinner**  
**Thursday, August 17th  12:15 pm depart center**  
Let’s go to a ballgame! For the past 20 years Mark Stevens of Mark Stevens Financial, LLC in Orchard Park has been sponsoring a baseball outing as a tribute to his mother who passed of Alzheimer’s. Following the game we will return to the center for pizza, wings and dessert. Cost for the outing is $12.00 which includes transportation. Registration begins Tuesday, June 13th.
CLASSES OFFERED AT THE ORCHARD PARK SENIOR CENTER
70 Linwood, Orchard Park

Sign up and pay at the center 662-6452.

Reminder: Please register early to prevent class cancellation. If the class does not meet its minimum quota there is a chance it will be cancelled.

Pickle Ball at South Towns Tennis Center until 6/22
Tuesdays & Thursdays 11:00 - 1:00 pm
A fun sport that combines many elements of tennis, badminton and ping-pong. The rules are simple and the game is easy for beginners to learn. Pickle ball is played at the South Towns Tennis Center.

Bocce is back!
Couples Team Mondays at 9:00am begins June 5th
Mixed Team Tuesdays at 9:00am begins June 6th
Bocce is a fun game similar to lawn bowling. It’s a game of strategy and skill. Games are played at Green Lake the months of July August. Look for the Bocce Courts across from the Recreation Building at Green Lake.
Sign-up in the office or contact the Center at 662-6452.

Join Club 99 Tuesday & Thursday at 10:45 am
The Erie County Dept. of Senior Services and Senior Nutrition Program have teamed up to present Club 99. Club 99 is a free fitness program offered to those 60 years of age or older. Ray Steck is the instructor who will explain how using the resist-a-band will tone and build muscle.
Everyone is welcome

Beginner Tai Chi
Thursday, June 15th - August 3rd at 1:00 pm
Cost is $30.00 for a 8 week session.

Advanced Tai Chi
Wednesday, May 17th - June 28th 1:00 pm
This one hour program is for those with some Tai Chi experience. New students are welcome.
Cost $26.00 for a 7 week session.

Men’s Fitness
May 30th - August 3rd
Tuesday, Wednesday & Thursday 9:00-10:00 am
Cost $40.00 for a 10 week session.

Ladies Exercise Program
May 1st - July 7th
Monday, Wednesday and Friday 9:00-10:00 am
Cost $30.00 for a 8 week session.

Beg. Line Dance Every Wednesday at 10:15 am
Inter. Line Dance Every Tuesday at 10:30 am
Instructor is Lois Steck. Cost is $2.50 pay as you go.

Zumba
Thursday, April 6th - June 15th at 11:00 am
Cost $30.00 for a 8 week session.

Evening Zumba
Tuesday, April 11th - June 13th at 6:30 pm
Cost $30.00 for a 8 week session.

Yoga
Wednesdays, June 7th - August 16th at 11:30 am
Fridays, June 9th - August 11th at 9:00 am
Cost $35.00 for each 10 week session.

Tuesday Evening Yoga
Tuesday, May 30th - June 27th at 5:00 pm
Cost $30.00 for an 8 week session.

Chair Yoga
Monday, May 8th - July 17th at 10:45 am
While sitting in a chair the instructor will teach you the proper techniques of stretching, breathing and relaxation.
Cost $30.00 for 8 week session.

Acrylic Painting Class
Tuesday, May 16th - June 20th at 12:30 pm
Cost $25.00 for a 6 week session.

Sketch Class
Wednesday, May 17th - June 21st at 1:00 pm
Cost $25.00 for a 6 week session.

Watercolor Painting Class
Friday, May 26th - June 30th at 10:30 am
Cost $25.00 for a 6 week session.

Spanish Again! Español OtraVez!
Monday, April 24th - June 19th at 1:00 pm
The class is designed to help the individual learn more about the world’s second most popular language.
Cost for an eight week session is $30.00.

Mind Aerobics Mondays at 10:15 am
**Time change** Join us for a fun filled hour! Research has shown brainteasers, word puzzles, critical thinking, and trivia often delays the onset of Alzheimer’s. This weekly mental workout will keep you fit. Everyone is Welcome!!

B I N G O !
Tuesdays at 1:00 pm
Bring a friend and join us for a fun filled hour of bingo.
Boards are $1.00. All are welcome!

Lions’ Club Lending Closet:
Just being released from the hospital and need a wheelchair, cane, tub chair or other device to help you get back on your feet? If so, you may want to check out the Lion’s Club Lending Closet.
Contact the Town Clerk’s Office at 662-6410 and they will put you in contact with a Lion member who will assist you.

Like & Share!

We’re on FACEBOOK
CHECK US OUT . . .
Orchard Park Senior Center
Cell Phones, E-Reader, IPad or Kindle? Free Help
Are you having problems using your E-reader, IPad or Kindle? A volunteer is available to answer your questions Free! Contact the Center at 662-6452 to set up an appointment with Liz.

Please Note: The Senior Center offers wireless WiFi. You are welcome to use the Computer Lab when classes are NOT in session.

Duplicate Bridge Tournament - Mon, 6/5 at 12:30 pm
April & May Tournament Winners:
April First Place: Virginia Sprague - Alice Wroblewski
April Second Place: Mary Ann Martin - Ron Williams
April Third Place: Ruth Huppuch - Judy Ford
May First Place: Mary Lou Buster & Fred Howe
May Second Place: Jose Justicia-Linde & Maureen Cancilla
May Third Place: Mary Ann Martin & Eleanor Hoffmann

Duplicate Bridge will also be played on the 3rd Monday of each month.

Pinochle Tournament Friday, June 23rd at 1:00pm
April's Tournament Winners:
First Place: Esther Bins
Second Place: Stan Minko
Third Place: Carol Crossan

Call the center to sign up for the pinochle tournament.

Euchre Fridays at 10:15 am
Mah Jong Fridays at 1:00 pm

Looking for Hand and Foot Players!!
Please contact the center if you are interested.

Book Group
The Book Group meets the last Wednesday of every month at 10:00 am at the Senior Center. The following books are scheduled for discussion:

June - Hillbilly Elegy by J.D. Lance
July - Three Days in January by Bret Baier
August - A Man Named Ove by Fredrik Backman

Members are encouraged to read the book prior to attending the meetings. Everyone is welcome to join the discussion.

Medicare Advantage Plan
Sales Representatives will be at the Center:

Blue Cross Blue Shield
Wed., June 7th & Mon., June 19th 10:00 am - Noon

Fidelis Care of NY
Tuesday, June 13th 10:00 am - Noon

Univera Healthcare
Thursday, June 22nd 1:00 - 3:00 pm

Independent Health’s Family Choice HMO-SNP
Tuesday, June 27th 9:30 am - 11:30 am

Buffalo Philharmonic Orchestra & Shea’s Performing Arts 2017—2018

Plans are underway to attend the following performances at the BPO and Shea’s Performing Art Center. For more information, please check the upcoming newsletters.

2017 - 2018  BPO Coffee Concert Series:
Fri. October 27th  Cirque de la Symphonie
Fri. December 8th  Classical Christmas
Fri. December 15th  Holiday Pops
Fri. Feb. 16th  Glenn Miller Orchestra
Fri. May 25th  Stars & Stripes Spectacular

2017 - 2018  Shea’s Performing Art Center:
Sept. 2017  On Your Feet (Gloria Estefan Musical)
June 2018  Love Never Dies The Phantom Returns
2018 t.b.a.  Hamilton

Spend an afternoon at the movies.
Reserve lunch by calling 662-6452 and then stay for the movie at 1pm.

50 cents includes popcorn and drink
** No Encore Showings in June **

June 7th  Hidden Figures (biography/drama) The story of a team of African-American women mathematicians who served a vital role in NASA during the early years of the US space program

June 14th  Rules Don’t Apply (comedy/drama) The unconventional love story of an aspiring actress, her determined driver, and their boss, eccentric billionaire Howard Hughes.

June 21st  La La Land (comedy/drama) A jazz pianist falls for an aspiring actress in Los Angeles.

June 28th  A Dog’s Purpose (adventure/comedy) A dog looks to discover his purpose in life over the course of several lifetimes and owners.

A Note from Jackie Briggs, Senior Council President
We hope you like our new look on our stationary for the COMMUNITY ACTIVITY COUNCIL OF ORCHARD PARK, INC. Our professional fundraiser, John Kearns & Associates, Inc. will be starting a year long campaign to help raise money toward the cost of the new COMMUNITY ACTIVITY CENTER.

~ Jackie

A.A.R.P. Driver Safety Program
Offered at the Orchard Park Senior Center 1:00 - 4:00 pm. Classes will be held:
Thursday, June 29th and Friday, June 30th & Thursday, July 27th and Friday, July 28th (You must attend both days)

Cost is $20.00 for AARP members and $25.00 for non-AARP members
Checks only please. Registration is required by calling the Center at 662-6452 or registering in the office.
### Orchard Park Senior Center June 2017 Meal Calendar

**Phone 662-8378 for reservations**

<table>
<thead>
<tr>
<th>Day</th>
<th>Meal</th>
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<tbody>
<tr>
<td>Thur. 6/1</td>
<td>Boneless Br. Pork Chop, Mashed Potatoes, Vegetables, Whole Wheat Bread Choc. Pudding</td>
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<tr>
<td>Fri. 6/2</td>
<td>Hamburger w/Gravy, Oven Browned Potatoes w/ Red Peppers &amp; Onions, Roll, Fruited Gelatin</td>
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<td>Mon. 6/5</td>
<td>BBQ Pulled Pork, Hamburger Bun, Seasoned Home Fries, Mixed Veggies, Orange</td>
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<td>Tues 6/6</td>
<td>Meatballs w/Pasta, Meat Sauce, Scandinavian Blend Veggies, Grape Juice</td>
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<td>Wed. 6/7</td>
<td>Breaded Chicken Breast w/ Herb Gravy, Mashed Sweet Peanuts, Beets, Roll, Tropical Fruit cup</td>
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<td>Thur. 6/8</td>
<td>Meatloaf w/Gravy, Mashed Potatoes, Corn, Bun Rice Pudding w/ Raisins</td>
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<td>Fri. 6/9</td>
<td>Breaded Fish Patty, Peas &amp; Carrots, Coleslaw, Broccoli cheese Rice Casserole, Brownie</td>
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<tr>
<td>Mon. 6/12</td>
<td>Boneless Chicken Breast w/ Oriental Vegetable Sauce, Rice, Spinach, Juice, Sugar Cookies</td>
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<tr>
<td>Tues. 6/13</td>
<td>Breaded Veal Patty w/Gravy, Mashed Potatoes Peas, Bun, Butterscotch Pudding</td>
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<tr>
<td>Wed. 6/14</td>
<td>Hot Dog W/ Chili Sauce, Bun, Seasoned Home Fries, Blend Veggies, Ice Cream</td>
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<tr>
<td>Thur. 6/15</td>
<td>Maple Glazed Ham Steak, Mashed Sweet Potatoes, Green Beans, Roll, Fruited Gelatin</td>
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<td>Fri. 6/16</td>
<td>Fathers Day Luncheon: Breaded Bone in Pork Chop, Mashed Potatoes, Chef Salad, Dinner Roll, Chocolate Cream Pie</td>
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<td>Mon. 6/19</td>
<td>(3) Swedish Meatballs, Pasta Brussels Sprouts, Corn, Chocolate Pudding</td>
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<td>Tues. 6/20</td>
<td>Breaded Chicken Cutlet, Mashed Sweet Potatoes, Veggies, Roll, Strawberry Bavarian</td>
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<tr>
<td>Wed. 6/21</td>
<td>Baked Lasagna Roll w/ Meat Sauce, Spinach &amp; Mushrooms, Cauliflower, Roll, Fruit Cup</td>
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<tr>
<td>Thur. 6/22</td>
<td>Sliced Turkey Breast w/ Gravy &amp; Stuffing, Mashed Potatoes, Carrot, Brownie</td>
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<tr>
<td>Fri. 6/23</td>
<td>Stuffed Pepper w/Sauce, Mashed Potatoes Wax Beans, Roll, Ambrosia</td>
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<tr>
<td>Mon. 6/26</td>
<td>Turkey w/Pasta &amp; Cream, Broccoli, Green Beans w/ Red Pepper, Fruit Delight Cookie</td>
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<td>Tues. 6/27</td>
<td>(2) Stuffed Shells w/Sauce, Cauliflower, Spinach, Italian Bread, Pineapple Tidbits</td>
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<td>Wed. 6/28</td>
<td>Julienne Salad w/ Fresh Turkey, Ham, Swiss Cheese &amp; Egg, Tomatoes &amp; Carrot, Bread, Orange Sherbet</td>
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<tr>
<td>Thur. 6/29</td>
<td>Steakhouse Burger w/Gravy, Mashed Potatoes Stewed Tomatoes, Bun, Fruited Gelatin</td>
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<tr>
<td>Fri. 6/30</td>
<td>Ham &amp; Cheese Strata, Scalloped Apples &amp; Cranberries, Carrot, Roll, Banana</td>
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### SENIOR GROUPS

In addition to the Senior Center activities and programs, the following groups offer social events, escorted trips locally in the U.S and the world!

#### Armor Seniors:

Meets the 2nd and 4th Thursday of the month at 1:30 pm at St. Bernadette’s Church 5930 South Abbott Rd. Arlene Schlief, President 649-5845. For travel contact Fran Ritz at 648-7526.

#### Hillcrest Seniors:

Meets the 2nd and 4th Thursday of the month at the American Legion Post, N. Buffalo Rd. Orchard Park. President is Maura Krause 825-3399. Richard Jones, travel consultant 827-7074.

#### Orchard Park Senior Citizens:

Meets the 1st and 3rd Wednesday at American Legion Post, N. Buffalo Rd. Jim Twist, President 674-8661. For travel contact Ruth Duffy 649-7026.

#### Sacred Heart Seniors:

Meets the 2nd and 4th Tuesday of the month in the lower hall at Our Lady of Sacred Heart Church on Abbott Road. Esther Marcin-Cullis, President 649-6850.

#### St. John’s Lutheran Church, Diamonds in the Rough

Meets the first Tuesday of the month at 1:00 pm at St. John’s Lutheran Church, Highland Ave. Orchard Park. For information contact Alan Groth 662-2140.

#### St. John Vianney Seniors:

Meets the 2nd and 4th Tuesday at 12:45 pm in St. John Vianney Parish Center on Southwestern Blvd. Dorothy Dzikowski, President 674-1645. For travel contact Cindy Crawley 675-1104.

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### Orchard Park Senior Center Dinner Club

The Orchard Park Senior Center Dinner Club welcomes new participants. For information contact the Senior Center at 662-6452. Join us for the following dinner outings:

- **Thursday, June 1st** Colony Restaurant
  Contact: Dixie Bileschi at 674-9348

- **Thursday, July 6th** Illio DePaulo’s
  Contact: Gail Freeman at 248-766-1924

The next meeting is Tuesday, June 6th 10:00am at the Orchard Park Senior Center. Everyone is welcome!

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### NEED A RIDE?

**CALL RURAL TRANSIT 662-8378**

Rural Transit is a non-profit transportation organization for seniors, disabled, or income eligible residents of Southern Erie County. Riders are transported to therapy, nutrition sites, grocery shopping, with medical trips taking priority. Trips are free, but donations are accepted. **To register to become a rider or to volunteer please call 662-8378.**

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### CALL GOING PLACES VAN

Need a ride into Buffalo for medical appointments, physical therapy or other human services? **Call 858-7433**

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### SENIOR CENTER NEWSLETTER IS ON LINE!

Go to townoforchardparkny.org click on Department, Senior Center and click on Newsletter, it’s that easy!

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### Stay Fit Dining Program

In cooperation with Erie County Department of Senior Services, the town provides a nutritious hot meal, and social opportunities to meet new friends for persons age 60 or over and their spouses Monday through Friday at noon. The suggested contribution is **$3.00**. Please call Jeanne at 662-6452 by Tuesday 10:00 am to make reservations for the upcoming week. Also, remember, if you haven’t made a reservation you may contact Jeanne to fill a cancellation.
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