Parent Child Skill Sheet Check

1. The Goal of Parent Child Class is to:
2. Become comfortable in the water environment
3. Per-fect the child’s front crawl
4. Get a good workout in
5. Practice scuba diving

Answer:

1. What are three songs that are used in the Parent Child Class?

Answer:

1. When entering the water we would like:
2. Parents to throw their kids in and get in at their leisure
3. Sit on the side of the pool with their kids next to them then while holding their child in place, slowly slide into the water then on the count of 3 lift their child into the water safely
4. Parents don’t have to get in for Parent Child Class
5. Run and jump into the deep end
6. Name three pool toys/ additional equipment items you should have on hand to use to teach a Parent Child Class.

Answer:

1. How long is the parent child class?
2. 45 min
3. 30min
4. 15min
5. 1 hour