

# **ORCHARD PARK COMMUNITY ACTIVITY CENTER SENIOR CENTER FITNESS CENTER**

**The Orchard Park Community Activity Center is designed to give members a clean, safe, and enjoyable place to exercise for general fitness purposes.**

All members must have a signed a fitness room waiver on file, read a copy of the rules and regulations, and complete a fitness room orientation session **before** using the fitness room. Contact the Senior Center to schedule a fitness room orientation.

